



Dover Elementary School Community School Health & Wellness Programs & Services

► Who We Are

Our Mission is to be a place where every student is a leader in service to their school and community, works together with teachers and families to achieve their highest academic potential, is engaged in rigorous, exciting instruction, is preparing for university and career, is a critical thinker and problem solver, feels safe to learn and take risks.

Dover Elementary School is the largest elementary school in the West Contra Costa Unified School District, Preschool, TK, K-6th . It was established as a Community School during the 2015/16 school year. As a Community School, we value our partnerships and relationships with all stakeholders to provide the best health and wellness programs to students.



► Services Provided

Counseling & Crisis Support: Individual and group counseling, crisis assessment provided by Psychologist, West Contra Costa Unified School District, Bay Area Community Resources and, Familias Unidas.

Preventative Student Support: Gang and drugs prevention program, anti-bullying, structured physical activities, summer reading loss prevention for students entering 1st and 2nd grade provided by, the CARE Team, San Pablo Police Department, KidPower, PlayWorks, Camp PRIDE, Bay Area Community Resources, and the City of San Pablo.

Access to Healthy Food: Farmers market food distribution, holiday & spring break food baskets provided by Contra Costa & Solano Food Bank and Food for Thought, the school cafeteria offers a choice of fruits and vegetables daily, and the West County Digs garden program offers gardening programs to students.

Fitness: "Music Fridays" at recess, parent stretch and yoga group and the annual Get Fit Challenge sponsored by PlayWorks.

Family Engagement & Leadership: SparkPoint Financial Coaching High Expectations Family Literacy, and English Second Language provided by WCCUSD Adult Education.



► Health & Wellness Services Data

Coming in soon!



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► Student Impact

The function of the **CARE Team** is to review student referrals regarding student challenges, including but not limited to mental health, academics, attendance, family hardship, behavior, speech, etc. Through weekly CARE Team meetings, a team of administration, teacher coach, service providers (mental health and speech), and program coordinators, review referrals to best support students. A CARE referral may result in services, connection to resources, SST meeting, assessments, wait list, teacher support, grade level support, etc. In the 2015/2016 academic school year, the CARE Team reviewed 120 referrals. The CARE Team helps to also identify the need of the school.



► Special Acknowledgement for our Partners & Supporters

Community Partners

City of San Pablo
Bay Area Community Resources
California School-Based Health Alliance
Familias Unidas
San Pablo Police Department
Contra Costa & Solano Food Bank
Alliance for a Healthier Generation & Kaiser Permanente
KidPower
PlayWorks
Food for Thought
SparkPoint
High Expectations
Restorative Justice
West County Digs
Chevron
Kaiser Permanente
Jr. Achievement
Read Aloud



CITY OF SAN PABLO
City of New Directions



► Contact Information:

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